

For returning coaches, follow the instructions in the PDF here:

**YOU MUST USE A COMPUTER OR LAPTOP. PHONES AND TABLETS WILL NOT ALLOW YOU TO DOWNLOAD THE CERTIFICATE.**

The link below will take you to HEADS UP to Youth Sports: Online Training:

<https://www.cdc.gov/heads-up/training/youth-sports.html>

Step 1 – Click the link to take you to the CDC homepage

Step 2 – Scroll down to “Overview”

Step 3 – Click “Take the Training” which will move you to the next page

Step 4 – Where it says “To access this content, you first need to create an account. If you already have an account, please login,” select “please login”

Step 5 – At the top left side of your page, click “Course Catalog”

Step 6 – In the search bar, type:

“Heads Up to Youth Sports: Online Training for Coaches”

Step 7 – Select the training option with that title

Step 8 – Click the green “Pre-Assessment” button to begin your review

- Upon finishing the short pre-assessment, you will be immediately moved to complete the rest of the training.

Step 9 – After completing the training course, download your certificate. Title it “(your first and last name), CDC Concussion Training”

Upload your certificate to your WCSA account.